



## **Birthdays**

Chris Ayers 10/4 Sean Grandowicz 10/5 Lionel Holladay 10/6 Travis Bryant 10/8 Hunter Fite 10/11 Zach Fleenor 10/13 Matt Roeger 10/13 Beau Doss 10/15 Thomas McAdoo 10/15 Dustin Holman 10/17 Taylor Lasseter 10/20 Kevin Leonard 10/20 Adam Ross 10/20 Anthony Cayll 10/23 Blake Insell 10/23 Jonathan Parsons 10/25 Josh Parsons 10/25 John Fisher 10/27

Brian Creager 10/28

Robert Alsup 10/29

Tony Lehew 10/31

#### **ENGINEER RETIRES AFTER 28 YEARS OF SERVICE**

Murfreesboro Fire & Rescue Department will bid farewell to Engineer Kyle Cobb Thursday, September 22 as his 28 years of service comes to a close.

Cobb began his career as a Firefighter in November 1988. "I had a friend in Indiana that was a Firefighter in my hometown," said Cobb. "I would visit him as a child at the fire hall." Cobb says the visits served as inspiration for him becoming a Firefighter. He also enjoyed the "24 hours on/48 hours off" schedule.

Cobb was one of the first new recruits hired to serve under retired Chief David Baxter and Deputy Chief Jimmy Francis.

Cobb has seen a lot of changes over the years. He remembers that on his first day on the job, he was shown an air pack located on the back, right compartment of Engine 1. "I was told if I touched it, I was fired," he said. "Back then it was considered for rescue only." Now, all Firefighters are required to wear air packs when responding to a fire scene.



When asked what he sees in store for the department over the next five to ten years, Cobb replied, "MFRD will continue to provide enhancements to the medical services they offer the citizens and visitors of Murfreesboro."

After retirement, Cobb says he and wife Sherry are going to "do a little gun-smithing and a whole lot of hunting, fishing, and traveling!"

"Engineer Cobb will truly be missed," said Fire Rescue Chief Mark Foulks. "He is a great employee, who volunteered a lot of his time to cook on his large smoker for several MFRD events. We appreciate him and Sherry very much for all their assistance over the years."



As he reflects on the last 28 years, Cobb sums them all up in one small, yet meaningful statement, "Being a Firefighter is the best job I ever had!"

"Being a Firefighter is the best job I ever had!" - Cobb

#### TAILBOARD TOPICS: AUGUST ANSWER

**Q**. What are the four parts to the Rope Maintenance Formula?

A.



## -[Tailboard Topics

**Q**. What are the components of an extension ladder?

### STRADER NAMED FIREFIGHTER OF THE MONTH OCTOBER 2016



Firefighter James Strader was named "Firefighter of the Month" for October 2016. He was nominated by Captain Jeff Irvin for designing a prop for pulling and reloading pre-connects. According to Irvin, Strader made blueprints and obtained pricing for the prop. Engineers Dwajuan Howse and Troy Tayse and Firefighters Jason Bonniger and Cory Friend assisted with building the prop.

"Companies can use the prop to simulate pulling pre-connects in confined spaces and advancing hoses into structures," said Irvin. "They can also practice reloading pre-connects without using hoses from

frontline engines or ladders."

The prop is located at Station 8 and can be moved to any station for use.

Strader is a probationary Firefighter, hired in July 2016.



Pictured (Counterclockwise): Firefighter Jason Bonniger, Firefighter Cory Friend, Engineer Troy Tayse, Firefighter James Strader, and Engineer Dwajuan Howse.

## MFRD Personnel Participate in Various 9/11 Events



#### MFRD DEBUTS NEW SHOW ON CITYTV/YOUTUBE

Murfreesboro Fire & Rescue Department recently debuted a new show on CityTV/YouTube called "Adventures in Firefighting."

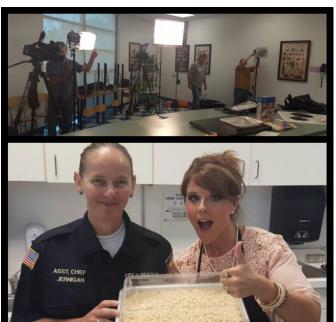
The series features Public Information Officer Ashley McDonald attempting various firefighting tasks. The show uses a bit of humor to educate the public on fire related job duties and gives them better insight into the difficulty of the job.

In the series opener, Captain/Shift Training Officer Terry Smith walks McDonald through the process of donning gear. McDonald then attempts to don the gear in the National Fire Protection Association (NFPA) recommended time of two minutes or less.

Episodes are expected to air on CityTV monthly and will be available on YouTube on the City's Channel.

## NEW EPISODE OF "COOKING WITH MFRD" FEATURES AC JERNIGAN AND HER RICE KRISPIES TREATS

The latest episode of "Cooking with MFRD" features Assistant Chief Kaye Jernigan walking Host Ashley McDonald through her special spin on Rice Krispies Treats. You can download this and past recipes or watch past episodes by visiting <a href="www.murfreesborotn.gov/cookingwithmfrd">www.murfreesborotn.gov/cookingwithmfrd</a>.





# SAVE THE DATE: FIRE AWARDS & RECOGNITION CEREMONY NOVEMBER 7TH

Fire personnel and their families should mark their calendars for Monday, November 7, 2016 at 6:00 pm. There will be a special Fire Awards and Recognition Ceremony in which the Firefighters of the Month (November 2015-October 2016) will be recognized. This year, two personnel will be receiving "Outstanding Service Awards," for life-saving efforts performed off duty.



The event will take place at Patterson Park Community Center (521 Mercury Boulevard) in the theater. A small reception will follow in the dining room.



Have a safe & Happy Halloween from your Friends at Murfreesboro Fire & Rescue!

#### MFRD Now Fully-Functioning BLS Response Department



Murfreesboro Fire & Rescue Department is proud to announce that the department is now fully functioning in Basic Life Support (BLS) response.

"This is something that our licensed and credentialed personnel in the department have looked forward to for a long time," said Assistant Chief Kim Lawson.

Approximately three weeks ago, MFRD began an intensive in-service training which included a skills check-off for the new medical protocols developed and approved by MFRD's new Medical Director Dr. Russ Galloway. (City Council approved Dr. Galloway to be hired as MFRD's Medical Director last month. State law requires that Advanced Emergency Medical Technicians (AEMTs) and Paramedics providing BLS level response be supervised by a physician licensed to practice in the State of Tennessee).

"By the end of the first week of training, we began placing our newly purchased equipment and medications on our apparatus throughout the city,' said Lawson.

Each AEMT and Paramedic that completed the in-service is now approved to administer the new medications and utilize the additional equipment which includes:



An advanced King airway for patients who are not breathing on their



Intravenous (IV) fluid and equipment for trauma patients and those needing medications



Epinephrine injections for patients having a severe allergic reaction which has affected their airway



Albuterol breathing treatment for COPD and asthma symptoms



Narcan for overdoses



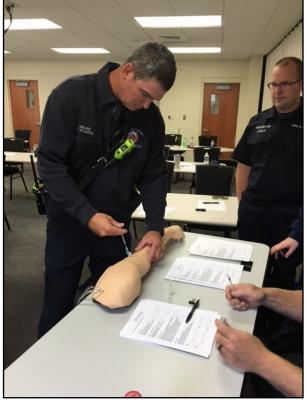
Nitroglycerin for cardiac chest pain



Dextrose which is given by IV to a diabetic patient who is in Insulin Shock (hypoglycemic)

Lawson says that since certifying and equipping licensed personnel, these upgraded skills have been used approximately eight times, and all with very positive outcomes for the patients.

In the near future, MFRD will also implement a new electronic patient care reporting system that will make documentation more efficient and thorough.



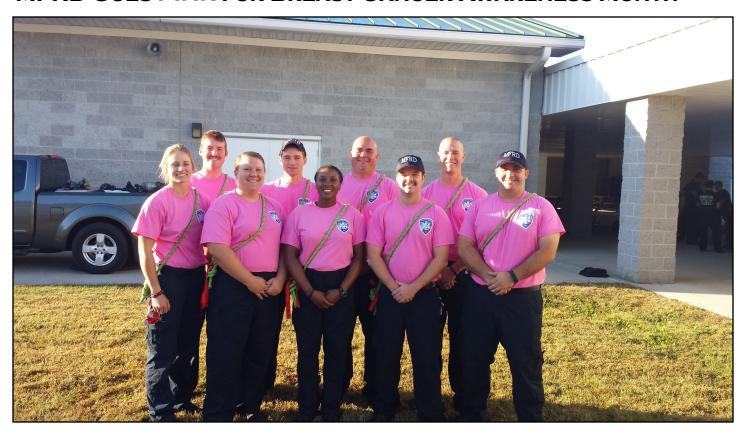
Captain/AEMT Clay Estes practices administering an Ephiniphrine shot.

"It is important that as the city continues to grow, our department continues to enhance our services we provide to the citizens and visitors in our community." —Assistant Chief Lawson

"We are very thankful to our city leaders for the support they have shown through this process and for giving us the tools to not only proceed with our goals, but also succeed," said Lawson. "It is important that as the city continues to grow, our department continues to enhance our services we provide to the citizens and visitors in our community."

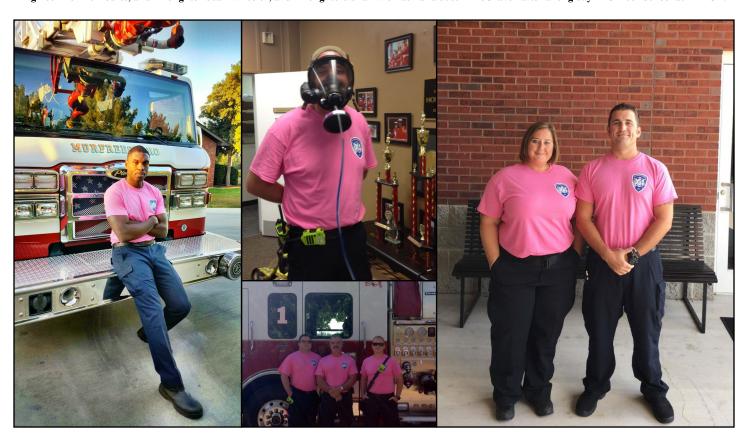
Fire Rescue Chief Mark Foulks is pleased with the accomplishment, "I'm very proud of our entire MFRD team for their hard work and commitment that led us to achieving this milestone. I am confident that with our new skills and the excellent partnership and quality services Rutherford County Emergency Medical Services provides, our citizens will be in great hands in any medical emergency."

## MFRD GOES PINK FOR BREAST CANCER AWARENESS MONTH



MFRD Fire Trainees sporting their pink shirts while in Rookie School at the Tennessee Fire and Codes Enforcement Academy (TFACA) in Deason, TN. (L to R): Gianni Bacchetti, Adam Ross, Betsy Prusynski, Brenner Ballard, Tiara Green, Robert Gingrow, James Ray, Thomas Gunnell, and Kevin Madachik.

Pictured bottom (L to R): Firefighter Corian Barrett, Firefighter Travis Bryant (while being FIT tested for his face mask), Captain Raymond Smith, Engineer Ronnie Nobles, and Firefighter Sean Wheeler, and Firefighters Shan Womack and Justin McCraven after a long day in Officer School at TFACA.



#### 15TH ANNIVERSARY OF 9/11 TRAGEDY REMEMBERED



Murfreesboro Fire & Rescue Department, Murfreesboro Police Department, Rutherford County Emergency Medical Services, Rutherford County Sheriff's Office, Rutherford County Fire Rescue and Middle Tennessee State University's Army ROTC Cadets jointly hosted a 9/11 Remembrance

Ceremony on September 9.

The ceremony paid tribute to the victims of the 9/11 tragedy just before the 15th Anniversary.

Honor Guards from each agency linked at various meeting points and united on Murfreesboro's Public Square at the site of the Fallen Firefighter and Police Memorials. The impactful march was led by Bagpiper Gregory Cutcliff.

Local artist, Taylor Bennett, sang the National Anthem, followed by remarks from
Fire Rescue Chief Mark Foulks and Police Chief Karl Durr. The keynote speaker for the event was decorated war veteran Staff Sergeant Joshua Forbess (see bio below).

MFRD Chaplain Lee Douglas led the audience in a beautiful prayer and moment of silence to remember all the lives that were lost. Wreaths were placed by each agencies respective Honor Guards, MFRD's Honor Guard performed the traditional bell-ringing and a team of law enforcement members executed the 21-gun salute.

Master of Ceremonies was local radio host Bart Walker from WGNS. The event was broadcasted live and can be accessed at <a href="www.wgnsradio.com">www.wgnsradio.com</a>. You can also watch the entire ceremony on the City's <a href="YouTube Channel">YouTube Channel</a>.



"We appreciate the support of all the agencies and members of the community who came out to honor the fallen," said Fire Rescue Chief Mark Foulks.

## Photos Courtesy of Jim Davis/Photographer MPRD

#### Staff Sergeant Joshua Forbess Bio



SSG Josh Forbess was born and raised in Decatur, Illinois and enlisted into the Army on 27 July 1995. He conducted his Basic Individual Training and Advanced Individual Training (AIT) in an One-Station Unit Training (OSUT) environment for the Mission Occupational Specialty (MOS) of 13B Field Artillery Cannon Crewmember. SSG Forbess has been assigned to 2nd Howitzer Battery, 2nd Armored Calvary Regiment at Fort Polk, Louisiana, 1st Battalion, 320th Field Artillery Regiment at Fort Campbell, Kentucky, and the Medical Transient Detachment at Landstuhl Regional Medical Center, Landstuhl, Germany.

SSG Forbess was severely injured on 15 November 2003 when two UH-60 Blackhawk helicopters collided over Mosul, Iraq after coming under ground fire. He was burned on

his face, scalp, and arm, had multiple bone fractures, and suffered from severe smoke inhalation. He spent approximately two months in a medically induced coma. After awaking, SSG Forbess had many obstacles to overcome. He needed multiple reconstructive surgeries, had to learn how to walk and use his hands again, and had to learn how to cope with being the sole survivor from his section. SSG Forbess accepted his injuries and has since continued to try and assist other Warriors that have been wounded. He has spent time as an Ombudsman, the NCOIC of the Fort Campbell Soldier and Family Assistance Center (SFAC), and most recently assisted Warriors at Landstuhl Regional Medical Center with the Wounded Warrior Resiliency Program.

SSG Forbess has been deployed in support of Operation Joint Guard in Bosnia from 1997-1998, Operation Joint Guardian in Kosovo during 2001, and to Operation Iraqi Freedom in 2003. His list of awards includes: Bronze Star Medal, Purple Heart, Meritorious Service Medal (1OLC), Army Commendation Medal (1OLC), Army Achievement Medal (4OLC), Good Conduct Medal (6th Award), National Defense Service Medal (bronze star), Armed Forces Expeditionary Medal, Kosovo Campaign Medal, Global War on Terrorism Expeditionary Medal, Global War on Terrorism Service Medal, Armed Forces Service Medal, Army NCO Professional Development Ribbon, Army Service Ribbon, Overseas Medal (2nd Award), and the NATO Medal (2ND Award).



Saturday, December 17, 2016

6:00 PM

MIDDLE TENNESSEE CHRISTIAN SCHOOL (100 MTCS rOAD)



TICKET PRICES:

5 and under free Students \$3 adults \$5



ALL PROCEEDS WILL GO TO RELAY FOR LIFE ON BEHALF OF THE BORD PUBLIC SAFETY TEAM

#### THE MFRD FAMILY KEEPS GROWING...

The MFRD family continues to grow as two personnel welcomed grandbabies into this world in September.

Assistant Fire Marshal Michael Bartlett, met his second grandson on September 12. "Logan Michael Munoz" weighed in at 8 lbs/3 oz and measured 18 inches long. Parents are Emily and Adam and big brother is Caden.

On September 14, Captain Brian Creager also became a proud grandfather! "Addie Rae Johnson" weighed in at 7 lbs/9.5 oz and measured 20 5 inches long



oz and measured 20.5 inches long. Parents are Kristen Creager and Mason Johnson.

## October Anniversaries

28 YEARS

Daryl Alexander
Billy Sauls
Troy Thomas
Carol Whitaker

#### 19 YEARS

Alvin Brandon Jason Hayes Josh Oliver Raymond Smith

#### 12 YEARS

James Bryant Nicole Miller Charles Powell

#### 10 YEARS

Josh Jackson Alan Jakes

#### 9 YEARS

Lucas Dearden Andy Smithson

#### 4 YEARS

Adam C. Brown
Ryan Daniel
Justin McCraven

#### 3 YEARS

Allan Debowsky Justin Lewis Brent Stephens

## 1 YEAR

Brandon McCullough



#### MFRD TEAM WINS GOAT VOLLEYBALL TOURNAMENT

Murfreesboro Fire & Rescue,
Murfreesboro Police
Department, and Rutherford
County Sheriff's Office
participated in a Public Safety
Volleyball Tournament at The
Goat on September 25. A
portion of the proceeds went to
the winning team's Relay for
Life Team.

Murfreesboro Fire & Rescue had two teams in the event, "Crimson Knights and Ashleyland." The "Crimson Knights" took the overall win.

The win not only got the team bragging rights, but also a trophy and approximately \$400 for their Relay for Life Team "Boro Public Safety."



The Boro Public Safety Team is comprised of MFRD, MPD, and Fire/Police Dispatch Communications. The donation gives the team a great start toward their 2017 goal!



The winning team was as follows: Fire Rescue Chief Mark Foulks, Evan Foulks, Captain Brian Burgess, and Firefighters Tim Corder, Ryan Daniel, and James Strader. Engineer Adam Petrig from the "Ashleyland" team filled in for Corder for a portion of the games.

Thank you to all who came out and supported the event. The intent is for The Goat to host this annually.